

**MARIN BALLET**  
*Fall 2007 – Spring 2008*

**Pre-Ballet Division**

**Class Descriptions**

**Movement Exploration** is a gentle introduction to movement with music for three year olds. The students work to develop the skills needed to work within a group dynamic, listen actively and follow directions. Classes are designed as structured play, using imagery & imagination to explore movement and develop gross motor skills.

**Creative Movement** is for children who are four years old and will be entering Kindergarten in the fall of 2008. Students continue to develop the group dynamic skills in the Movement Exploration curriculum. Gross motor skills such as marching, galloping, skipping and leaping are expanded. Exercises for coordination and rhythm are introduced through creative games and dances.

**Ballet Preparatory 1** is for Kindergarten students. Students will continue to develop classroom etiquette, body and spatial awareness skills. Classes balance work with fun as rhythm studies, folk dances and exercises for balance are added to the curriculum. Age appropriate pre-ballet exercises and positions are introduced.

**Ballet Preparatory 2** is for first graders and is a continuation of the Ballet Preparatory 1 curriculum with an emphasis on developing self-discipline. Exercises that promote body alignment, posture and age appropriate stretches are introduced. Basic classical ballet positions are taught and an increased focus is expected in preparation for Level 1.

**Pre-Ballet Division Calendar**

Quarter Dates	Parent Observation	Tuition Due
First Quarter: September 3 – November 3	October 22 - 27	August 25
Second Quarter: November 5 – January 19	January 15 - 21	October 26
Third Quarter: January 21 – March 22	March 10 - 15	January 11
Fourth Quarter: March 24 – June 8	June 2 - 7 (Movement Exploration only)	March 14
<b>Pre-Ballet Showcase 2008, presentations for Creative Movement and Ballet Preparatory 1 &amp; 2 will be held on June 7 &amp; 8 in Marin Ballet's Phyllis Thelen Theater</b>		

**School Holidays – no classes or rehearsals held**

*September 3	Labor Day	*January 21	Martin Luther King Jr. Day
*November 12	Veterans' Day	*February 18	Presidents' Day
*Nov 22 – 24	Thanksgiving	April 7 – 12	Spring Break
**Dec 22 – Jan 5	Winter Break	*May 26	Memorial Day
*Students whose class falls on this holiday may take an appropriate make-up class. **December 22 is the only date during the winter break for which classes may be made up. <b>Please see the school calendar for a complete listing of performance and rehearsal dates and school events.</b>			

**Please see reverse for Movement Exploration, Creative Movement and Ballet Preparatory 1 & 2 Class Schedules ⇨**

## Pre-Ballet Division Class Schedules

### ❖ MOVEMENT EXPLORATION

**\$135 per quarter**

Students must be 3 years old by the first day of the quarter for which they enroll. Choose any one of the following classes.

Day	Time	Teacher	ME Dress Code
Monday	2:00 – 2:45 pm	Signe Lando	<i>Girls:</i> Light pink, cap sleeved leotard, pink ballet slippers, white ankle socks, hair pulled neatly back off of face and neck. Skirts are permitted, not below the knee. No jewelry. <i>Boys:</i> Navy blue shorts, white t-shirt, white ballet slippers and white socks.
Tuesday	1:00 – 1:45 pm	Signe Lando (ME/CM)	
Saturday	9:00 - 9:45 am	Signe Lando	
Saturday	10:00 – 10:45 am	Signe Lando	
Saturday	11:45 – 12:30 pm	Signe Lando (ME/CM)	

### ❖ CREATIVE MOVEMENT

**\$170 per quarter**

Students must be 4 years old, entering Kindergarten in Fall 2008. Choose any one of the following classes.

Day	Time	Teacher	CM Dress Code
Monday	3:00 – 4:00 pm	Signe Lando	<i>Girls:</i> Light pink, cap sleeved leotard, pink ballet slippers, white ankle socks, hair pulled neatly back off of face and neck. Skirts are permitted, not below the knee. No jewelry. <i>Boys:</i> Navy blue shorts, white t-shirt, white ballet slippers and white socks.
Tuesday	1:00 – 2:00 pm	Signe Lando (ME/CM)	
Friday	3:00 – 4:00 pm	Stephanie Lando	
Saturday	9:00 – 10:00 am	Stephanie Lando	
Saturday	10:45– 11:45 pm	Signe Lando	
Saturday	11:45 – 12:30 pm	Signe Lando (ME/CM)	

### ❖ BALLET PREPARATORY 1

**\$170 per quarter**

Students must be 5 years old, entering Kindergarten. Choose any one of the following classes.

Day	Time	Teacher	Ballet Preparatory 1 Dress Code
Monday	3:00 – 4:00 pm	Stephanie Lando	<i>Girls:</i> Light blue, cap sleeved leotard, pink ballet slippers, white ankle socks, hair pulled neatly back off of face and neck. No skirts or jewelry. <i>Boys:</i> Navy blue shorts, white t-shirt, white ballet slippers and white socks.
Tuesday	3:00 – 4:00 pm	Signe Lando	
Thursday	3:00 – 4:00 pm	Corinne Jonas	
Friday	4:00 – 5:00 pm	Stephanie Lando (Prep 1/2)	
Saturday	10:00 – 11:00 am	Stephanie Lando	
Saturday	11:15 – 12:15 pm	Stephanie Lando (Prep 1/2)	

### ❖ BALLET PREPARATORY 2

**\$170 per quarter**

Students must be 6 years old, entering 1<sup>st</sup> Grade. Choose any one of the following classes.

Day	Time	Teacher	Ballet Preparatory 2 Dress Code
Monday	4:00 – 5:00 pm	Stephanie Lando	<i>Girls:</i> Light blue, cap sleeved leotard, <b>pink tights</b> , pink ballet slippers, hair in ballet bun, shorter hair pulled neatly off face and neck. No skirts or jewelry. <i>Boys:</i> Navy blue shorts, white t-shirt, white ballet slippers and white socks.
Wednesday	4:00 – 5:00 pm	Signe Lando	
Friday	4:00 – 5:00 pm	Stephanie Lando (Prep 1/2)	
Saturday	9:00 – 10:00 am	Laurie Klein	

Dress Code items may be purchased in San Rafael at: The Dance Shop, 459-4008 or D'Lynnes Dancewear, 456-4747